

How you can help

A holiday for one child costs about £350.

We need to raise £50,000 each year to maintain our current provision.

Could you...

Consider donating a monthly amount (maybe the cost of a bottle of wine or a takeaway)?

Hold a fundraising event?

Sponsor a child's holiday with a group of friends and colleagues?

Consider donating in lieu of presents on a special day?

Consider leaving SACH a legacy (many supporters do this)?

Gift-aid your donation to allow it to be tax-free?

Help to spread the word about the work of SACH?

Forms for donations and a link for online donations are available from the SACH website:

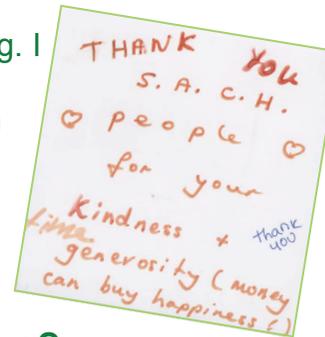
www.sendachildtohucklow.org.uk



Your money really
can buy happiness!

What do the children tell us?

- I liked playing in the grounds on the swings until bedtime.
- A chance to spend time with decent people.
- The best experience of my life.
- I learned to have more belief in myself.
- I realised I'm not a 'kid in care' but just a child who has had a difficult upbringing. I can still make it in the big wide world.



...and the leaders?

- For many of these children, life is just about getting through each day, with very little opportunity for just having fun. In Derbyshire they could concentrate on just being children – carefree, inquisitive and full of laughter.
- The whole experience was magical for the children—as staff we had an insight into the nature nurture debate!
- The children experience a freedom at Hucklow that is equally challenging and rewarding.

Send a Child to Hucklow Fund



Hanging about at home

Providing holidays from
hardship since 1961



Hanging about at Hucklow

www.sendachildtohucklow.org.uk
Registered Charity No. 271585

What is the “Send a Child to Hucklow” Fund?

“SACH” is a Trust which offers countryside breaks for disadvantaged children who would not otherwise have a holiday. The children, who are often from deprived urban areas, are offered a few days of recreation through activities in an environment of friendliness and community.

Which children benefit?

The children are selected from agencies such as Schools and Community Associations, Women’s Refuges and Social Service Departments. Their needs are diverse - single parent families, a parent in prison, refugee status, child carers, children in foster care or with special needs.



What does SACH provide?

- the cost of accommodation and meals
- travel to and from the holiday centre
- limited excursions within a 30-mile radius
- a “float” for visits and “treats”

Groups bring their own leaders and plan their activities according to the age, abilities and preferences of the participants.

Who runs SACH?

SACH is administered as a Unitarian charity, but holidays are offered without regard to religion, nationality or race, and without seeking to influence religious affiliations or beliefs.

Why Hucklow?

SACH holidays are accommodated at The Nightingale Centre, a holiday and conference facility which has a longstanding Unitarian association, found in the beautiful village of Great Hucklow in the heart of the Peak District. The centre has a long tradition of social responsibility and caring for the needs of children. SACH may occasionally fund holidays in other locations.



How do children benefit?

The selected children all face issues which act as barriers to their education and social and emotional development. SACH holidays allow them to put aside the stress of their everyday lives and simply relax. Young people undertake outward bound and team activities which bring them together and improve their confidence. They experience a different pace of life and a new focus for a few days... and it may be the first time they have ever had the chance to explore the countryside.

The past

Decades ago, children from the inner city areas of Sheffield and Manchester were brought to the Nightingale Centre on open-topped lorries. By today's standards it was all rather primitive but some 1500 children each year benefited from the fresh air and outdoor experience the beautiful Derbyshire countryside had to offer.



The present

SACH continues this tradition by providing much needed country holidays for around twelve groups of disadvantaged children each year.

A leader overheard on a SACH trip: *“All these children have ever had is a hard time... now we’re trying to give them a good holiday!”*

The future

No doubt the nature of the holidays provided by SACH and the circumstances of the children who benefit will continue to evolve with time. What seems certain, however, as the number of children living with hardship continues to increase, is that there will always be a need to help children to take a break from the harsh reality of their lives.